
Fostering Connections newsletter

Welcome to our 1st newsletter

Spring edition, 2023

“Therapeutic parenting is the hardest, most worthwhile thing you will ever do.” Sarah Naish, the founder of the National Association of Therapeutic Parenting

Hello Everyone!

Spring has arrived and let's hope the sunshine looks down on us over the Easter holidays. What are you up to? We are looking forward to you sharing your photos on the Virtual Village...



Nothing like a daffodil to welcome spring...

You will soon receive your Easter activity packs and treats.



Some of our packs sent to families...

We hope you have fun and don't eat too much chocolate; like some of us, who have already started Easter treats!

What would you like to see in your newsletter?

At Fostering Connections, we like to pride ourselves on being a family, being there when you need us and as such it is important to get your feedback, as well as your children's. To get the children's thoughts can be hard and we would like to ask you for ideas as to how we could do this.

We understand some of your children may not be able or may not want to take part.



Therapeutic Parenting

There has been much written and discussed about this. Is it something you would like to find out more about or share your experiences?

These are useful tips for foster parents:

1. Don't take your child's behaviours personally – it's not about you; it's about what happened to them.
2. Don't forget to take care of yourself!
3. Don't forget to extend to yourself the same patience and grace you extend to your child.

You are all great at what you do...

This is a short newsletter to reach you before the Easter break... please let us know what you would like to see in your next newsletter. Thank you... you are amazing.